

The Golden Hours

TIMES



Birthday Party—Cupcakes: Monday, August 2



Ogden Police Dept: Safety Awareness Class Tuesday, August 10 at 9:30-10:30am

National Senior Citizen's Day: Saturday, August 21

UTA Local Travel Training: Tuesday, August 24 -11:30

Summer BBO: Thursday, August 26 -11:30

Family Feud: Friday, August 27 -12:30



Center Closed Monday, September 6 Labor Day

Golden Hours

Summer BBQ



Music -☆- Food -☆- Fun

Thursday, August 26th



All month lunches will be served in a Hybrid lunch Style: *packed to-go or, stay and eat. 5 min parking will be allowed along sidewalk to walk-in and grab lunch. *Must order 24 hours in advance. Call 801-629-8864 to reserve a meal.

located at:

(all Us: 801-629-8864

Find Us: www.ogdencity.com

650 25th Street

1 *Like Us*: Golden Hours Senior Center

Foundation Corner

Interested in joining the Golden Hours Center Foundation? The foundation was formed in 1995 by Ruth Ellen Peterson, founder of our center. The purpose of the foundation is to support quality programs, activities, class supplies, and equipment for the Center.

If you or anyone you know is interested in joining the foundation, please contact Ginger Myers at 801-629-8868.

Senior Council

The Golden Hours Senior Council meets the <u>Last Tuesday</u> of the month at 1:00pm. All meetings are open to the public.

Special Accommodations

Persons needing special accommodations to participate in activities at the Center are requested to inquire at the front desk. The Center will make every effort to assist hearing, vision or physically impaired participants. Please notify us at least three working days in advance of the need at 801-629-8864.

Center Staff Supervisor: Ginger Myers Day-Time Staff: Rylee Rice Day-Time Staff: GayLee Butterfield Day-Time Staff: Trevor Knotts Night Staff: Byron Garner Night Staff: Brittney Coburn Night Staff: Latavia Lopez Nutrition Coordinator: Regina Wadman

Safety Awareness

Class



Presented by the **Ogden Police Department**

Tuesday, **August 10th**

Starting @ 9:30

650 25th street 801-629-8864

Come with your questions ready



GOLDEN HOURS PRESENTS



FRIDAY, AUGUST 27TH 12:30PM

Alzheimer's Support Group For Caregivers support 3rd Monday of Every Month 1:00 PM - 2:30 PM August 16, 2021 September 20, 2021 November 15, 2021 December 20, 2021

Meet in the Multi-Purpose Room



Golden Hours Senior Center 650 25th Street

Become a Member

To become a member of Golden Hours Senior Center, simply fill-out an application card, available at the Golden Hours front desk.

> Membership fees are a monthly donation of \$5.

Hours of Operation:

Monday-Friday

8am to 8pm

(Closed Holidays)

Programs & Activities

BINGO: Mondays 12:30pm Wednesdays 9:30am Bridge: Wednesdays 12:00-5:00pm Ukulele: Wednesdays 6:00-8pm Jammers (guitar): Wednesdays 6:00-9pm

Alzheimer's Support Group: 3rd Monday of month 1:00-2:30pm

Book Club: 3rd Thursday of month, 9:00-11:00am

Pickleball: Friday 8-10am

Crochet & Knitting: Tuesday & Friday 9-11am

Sewing: Mon & Fri 9:00-4pm

Lapidary: Tuesday 4:30-8pm (Starts August 10)

Open Art Studio: Tues & Thurs 10:00-2pm



Birthday Celebration! Cupcakes for you! 12:30 BINGO (gym M,W) 2:00-4pm Sewing (M,F) CFSP Boxes—Pick-Up	3 9:00-11am Crochet & Knitting Group (T,F)	4 9:30 BINGO	5 10am-2pm Open	6 8-10am Pickleball
Cupcakes for you! L2:30 BINGO (gym M,W) 2:00-4pm Sewing (M,F) CFSP Boxes—Pick-Up	Knitting Group (T,F)	9:30 BINGO		8-10am Pickleball
12:30 BINGO (gym M,W) 9:00-4pm Sewing (M,F) CFSP Boxes—Pick-Up	Knitting Group (T,F)	A:20 RINGO	1 .	
12:30 BINGO (gym M,W) 2:00-4pm Sewing (M,F) CFSP Boxes—Pick-Up			Art Studio	9:00-11am Crochet &
2:00-4pm Sewing (M,F)		12:00-5:00pm Bridge	12:20 mm Dridge "New	Knitting Group
CFSP Boxes—Pick-Up	10am-2pm Open Art Studio	6:00-7:30pm Ukulele	12:30pm-Bridge "New Comers"	9:00-4pm Sewing
-		-		
-		6:30-9pm Guitar Jammers		10-11:30 Line Dancing
(1st Monday of Month)				(Intermediate)
	10 9:00-11am Crochet &	11	12	13
	Knitting Group	9:30am-BINGO	10am-2pm Open	8-10am Pickleball
			Art Studio	9:00-11am Crochet &
12:30 BINGO	9:30-10:30am-	12:00-5:00pm Bridge		Knitting Group
	<u>Safety Awareness by</u> Ogden Police Department	6:00-7:30pm Ukulele	12:30-1:30 Stamp	9:00-4pm Sewing
		•	Collecting	10-11:30 Line Dancing
	10am-2pm Open	6:30-9pm Guitar Jammers		(Intermediate)
	Art Studio 4:30-8pm Lapidary			10:00am Vet's Group (meets every other Fri)
	· · · ·			
16 :	17	18	19	20
9:00-4pm Sewing	9:00-11am Crochet &	9:30 BINGO	9:00-11am Book Club	8-10am Pickleball
	Knitting Group			9:00-11am Crochet &
12:30 BINGO		12:00-5:00pm Bridge	10am-2pm Open	Knitting Group
	10am-2pm Open	6:00-7:30pm Ukulele	Art Studio	9:00-4pm Sewing
	Art Studio	-		10-11:30 Line Dancing
Support Group (Multi- Purpose Room)	4:30-8pm Lapidary	6:30-9pm Guitar Jammers	12:30pm Bridge "New Comers"	(Intermediate)
			comers	
23 23	24	25	26	27
	2 9:00-11am Crochet &	25	20	8-10am Pickleball
9:00-4pm Sewing	Knitting Group	9:30 BINGO	10am-2pm Open	9:00-11am Crochet &
	10am-2pm Open		Art Studio	Knitting Group
	Art Studio	12:00-5:00pm Bridge		9:00-4pm Sewing
	11:30-12pm UTA Local	6:00-7:30pm Ukulele	11:30 Summer BBQ	10:00am Vet's Group
-	Travel Training	6:30-9pm Guitar Jammers		10-11:30 Line Dancing (Intermediate)
	1:00-2pm Senior Council	outer Juliners		12:30 Family Feud
	4:30-8pm Lapidary			Famil
30 3	31			Feud
9	9:00-11am Crochet &			
	Knitting Group			· · ·
	10am-2pm Open			
	Art Studio			
	4:30-8pm Lapidary			