

# 2021/2022

# SENIOR RESOURCEGUIDE



# **Area Agency on Aging**

237 26th St. Ogden, UT 84401 • Room 320 • (801) 625-3770 http://www.weberhsaging.net

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Weber/Morgan AAA (Area Agency on Aging) 801-625-3770 237 26th St. Rm 320 Ogden, UT 84401

Toll Free (Utah Only)

1-800-209-2503

www.weberhs.net

We provide the following opportunities and support for seniors of Weber and Morgan Counties.

#### **The Alternatives Program**

801-625-3770

A variety of home and community based services are available to help seniors remain living in their homes. These services include case managed assistance with personal care, homemaking and other functions of daily living. Eligibility is based on income, assets and frailty.

#### **Caregiver Support Program**

801-625-3866

This program provides temporary or intermittent relief from the burden of being the primary caregiver of a senior or someone who is diagnosed with Alzheimer's or other Dementia. It may include information, education and support groups, counseling, respite, assistive technology, and case managed services. Help is also available for seniors who are responsible for the care of grand-children under the age of 18.

#### **Foster Grandparent Program**

801-625-3865

The Foster Grandparent Program provides an opportunity for moderate to lower income seniors to earn a small, tax free stipend of \$2.65 per hour while tutoring children 15-20 hours a week in local schools. Foster Grandparents also receive reimbursement for transportation, a daily meal during service, training, and liability insurance while on duty.

#### **Health Promotion**

801-625-3770

We sponsor activities that promote healthy life styles and disease prevention through education, health screening and fitness.

#### **Information and Referral**

801-625-3770

A comprehensive resource center for information and referral services in the area of human services. Call for information on programs, senior housing, senior health programs and senior centers.

#### **MACS Program (Medicaid New Choice Waiver)**

801-625-3786

Managed Access to Comprehensive Services. Medicaid funded home and community based services for adults who are 18 and older and meet financial and level of care requirements for nursing home placement. This includes either having been a resident in a nursing home for at least 90 days or a 30 day Medicare certified hospital stay and medically eligible for long term care services under Medicaid.

#### Meals on Wheels, Nutrition Program

801-399-8392

1176 W. 3300 S. Ogden, UT 84401

Home delivery of one meal per day to homebound elderly persons (60 or older) who are Weber or Morgan County residents unable to prepare their own meals. Suggested donation. Ensure nutritional shakes (or Glucerna) also available.

#### Medicaid Aging Waiver Program

801-625-3787

Case management of services covered by Medicaid to help seniors remain living in their own homes. This includes: adult day care center, homemaker, emergency response, supplemental meals, supportive maintenance and non-medical transportation. Eligible seniors are 65+ and meet the basic Nursing Facility Level of Care and special Medicaid financial eligibility criteria.

#### LTC Ombudsman

801-625-3783

Providing advocacy services including investigation, problem solving, and education for residents living in long term care facilities such as nursing homes and assisted living facilities.

#### **Outreach & Advocacy**

801-625-3770

Assistance is provided to seniors for accessing the community support programs they need to enjoy independence in their homes. We help seniors establish eligibility and make the contact needed to get a wide variety of services such as housing, nutrition, transportation, public assistance, HEAT Program, Weatherization, Medicare Part D.

**The Ride** 801-625-3776

A ride for seniors age 60 + who have no other means of transportation to access appointments, senior centers or other community interests. Suggested donation. Available M-F, 8:00 a.m.-3:00 p.m.

Retired Senior Volunteer Program (RSVP) 801-778-6897 Are you 55 or older and want to make a difference in your community? Become an RSVP volunteer! RSVP offers a full range of volunteer opportunities with hundreds of local organizations. With RSVP, you choose how and where you want to serve, the amount of time you want to give, and whether you want to draw on your skills or develop new ones. In short, you find the opportunity that's right for you.

**Senior Centers** 801-399-8393

We partner with local communities to provide focal points where seniors can socialize with one another and receive nutritious meals, supportive services, preventive health, recreation and classes on various interests and hobbies.

#### **Senior Companion Program**

801-625-3774

Senior Companion volunteers provide assistance with day to day activities, companionship, and encouragement to help persons who are homebound to remain living as independently as possible. Qualified volunteers receive a tax-exempt \$3.00 per hour stipend, mileage and meal allowance to help defray the costs of volunteering.

# **State Health Insurance Information Program (SHIIP)** 801-625-3770

Providing counseling/problem solving for Medicare/Medicaid beneficiaries regarding insurance information, and resolve client concerns.

#### **Telephone Reassurance/Friendly Visitor Program**

801-778-6897

Isolated and homebound frail elderly are contacted by a personal visit or a telephone call for the benefit of companionship and support.

# **VD-HCBS** (Veterans' Directed Home and Community-Based Services):

Supporting qualified veteran clients to utilize their program funds to pay caregivers from among their own families and friends, who work to help veterans stay in home settings. Qualifications and program fund amounts are determined by VA (Veterans Affairs). To apply, call the VA coordinator at 801-582-1565, ext. 2492.

#### Volunteer Center

801-625-3777

Links individuals and groups of all ages to volunteer opportunities. Recruits volunteers for non-profit agencies.

WCOFE 801-625-8393

Weber County Organization for the Elderly

A foundation that raises money for the benefit of seniors through fund raisers and excursions with the Prime Time Travelers to places and performances of interest.

#### **AARP American Association of Retired Persons**

1-866-448-3616

6975 Union Park Center, Suite 320, Midvale, UT 84047 www.aarp.org

AARP leads positive social change and delivers value to members age 50 + through information, advocacy and service. For information on the Driver Safety and Tax Aide Programs, call 1-888-227-7669. www.aarp.org/ut

#### A-1 Medical

801-394-4455

134 31st St. Ogden, UT 84401

#### **AAMCO Medical**

801-255-5202 or 1-800-997-619

Durable Medical equipment and supplies www.aamcomedical.com

#### **Accessible Systems**

801-721-1614

Provides and installs stair lifts, chair lifts, ramps, wheelchair lifts, stairway elevators, walk-in tubs, walk-in showers, elevators, portable ramps, wooden ramps, concrete ramps, lift chairs, ceiling lifts, Hoyer lifts, DMEs, scooters, and grab bars.

#### **Adult Protective Services**

1-800-371-7897

2540 Washington Blvd. Ogden, UT 84401

Assist disabled and vulnerable adults who need protection to prevent or discontinue abuse, neglect or exploitation.

**Aging & Adult Services, Utah Division of** 1-801-538-3910 195 N. 1950 W. Salt Lake City, UT 84116

Coordination of State and Federally Funded Aging programs operated at 12 local Area Agencies on Aging in the State.

#### Agres, Dr. Susan

801-430-8406

5275 S. Adams Ave. #A, South Ogden, UT 84405 Podiatrist specializing in senior foot care.

**Alano Club** 801-393-5054

684 E. 24 St. Ogden, UT 84401

A club to help people recovering from alcoholism and/or drug addiction.

#### **Alcoholics Anonymous**

801-393-4728

3480 Washington Blvd. Suite 107A Ogden, UT 84401 Helps alcoholics to recover and maintain sobriety with the fellowship of other members. Must have a desire to stop drinking. AA can help direct seniors to appropriate groups that might meet in senior housing centers.

Alert Line	801-731-7302
620 S. 9500 E. Huntsville, UT 84317	801-458-2354
Emergency response system.	

# Alert Utah (aka. Choice Home Medical) 801-955-4949 Emergency response system.

# Alpine Home Medical Equipment 801-393-0015 4669 Harrison Blvd., Ogden, UT 84403 Durable medical equipment.

 Alzheimer's Association Utah Chapter
 801-265-1944

 24/7 Help Line
 1-800-272-3900

 12894 S. Pony Express Rd. Suite 300, Draper, UT 84020

www.alz.org/utah

# Northern Region Alzheimer's Association 801-525-5057 42 South State, Clearfield, UT 84015

Provides supportive services to caregivers and families effected by Alzheimer's disease and related dementia.

**American Cancer Society** 1-800-234-0533 or 1-801-493-4700 375E. 100 S., Salt Lake City, UT 84111

Hope and support for cancer patients and their families. Encourage public education and research towards prevention, early detection, control and elimination of cancer.

#### **American Diabetes Association**

1-800-342-2383 or 801-363-3024

4424 S. 700 E. Suite 100, Salt Lake City, UT 84107

Provide literature and education programs on diabetes.

#### **American Heart Association**

1-800-242-8721

465 S. 400 E. #100 Salt Lake City, UT 84111

Public education, community services and weight management classes.

#### **American Lung Association of Utah**

1-801-484-4456

1930 S. 1100 E., Salt Lake City, UT 84106

Smoking cessation programs. Better Breather's Club for COPD patients. Brochures and information on lung diseases. Quarterly newsletter.

#### **American Red Cross**

801-627-0000

2955 Harrison Blvd., #204, Ogden, UT 84403

Emergency preparedness and relief services, including CPR and First Aid training, disaster classes, HIV/AIDS prevention education, back injury prevention and much more. Volunteers who are seniors are especially appreciated at our offices where administrative help is needed.

#### **Applegate Home Care & Hospice**

801-394-3250

1492 E. Ridgeline Dr. Suite #2, Ogden, UT 84405 See Home Health and Hospice Guide - Section 5

Arthritis Foundation/Utah & Idaho Chapter 1-801-536-0990 448 E. 400 S. Suite #103 Salt Lake City, UT 84111

For people who suffer pain in the ligaments, tendons or muscles. Sponsored by the Arthritis Foundation. Utah/Idaho Chapter.

#### **Aspen Assisted Living**

801-399-5846

2325 Madison Ave. Ogden, UT 84401

#### At Home Care for Seniors.

801-825-5503

See Home Health and Hospice Guide - Section 5

**Attorney General's Office** 801-366-0260 or 1-800-244-4636 160 E. 300 S. 5th & 6th Floors, Salt Lake City, Utah 84114-0857

#### The Auberge at North Ogden

801-737-1230

1340 N. Washington 84404

Assisted living for elderly in a residential setting. 24 hour care dietician approved meals, individual and group activities, 81 rooms, adult day care.

#### **Association for the Advancement of Colored People**

801-678-7640

(NAACP) P.O. Box 1581

Provide legal counsel to senior citizens 60 years of age or older. Social Security, Medicare, Medicaid, landlord/tenant problems, property laws, consumer problems (deceptive sales, loans, debt collection), housing problems, utility problems, living wills.

#### **Bereavement Support:**

Good Grief: Tammy Hendricks

801-399-5613

Myers Mortuary

5568 S. Adams Ave., Ogden, UT 84401 (Pleasant Valley Library) Leavitts Mortuary 801-394-5556

Lindquist/Aaron's Mortuary 1-877-394-6667 or 934-5505

Grief Support Group (Life After Loss) 801-479-2080 Guidance and support for individuals who are mourning the loss of a loved one. Sponsored by Ogden Regional Medical Center Hospital and led by a trained facilitator. Ask for Social Services.

#### **Beehive Homes of Roy**

801-985-1030

4965 S. 3500 W., Roy

Assisted living for the elderly in a residential setting (10 rooms).

#### **Better Business Bureau of Utah**

1-800-456-3907

5673 S. Redwood RD #22, Salt Lake City, UT 84123

Investigate and expose fraudulent and unethical business practices in selling and advertising. Consumer complaints, consumer protection literature for seniors, and reliability reports on businesses.

#### Blessings in a Backpack

1-800-872-4366

Food for the homeless.

#### **Brio Home Health and Hospice**

801-649-5566

11762 South State St., Suite 350, Draper, UT 84020 See Home Health and Hospice Guide - Section 5

#### **Bristol Hospice**

801-737-2633

1638 North Washington Blvd, Ogden, UT 84404 See Home Health and Hospice Guide - Section 5

#### **Bureau of Vital Records**

1-801-538-6105

P.O. Box 141012 Salt Lake City, UT 84114-1012 Has all birth and death certificate records that have been recorded

in Utah since 1905.

#### **Canyon Homecare and Hospice**

801-334-0904

5782 S. 500 E. Suite 100, Ogden, UT 84405 See Home Health and Hospice Guide - Section 5

#### **Caregiver Support Network**

801-547-0060

275 N. 300.W Suite 401 Kaysville, UT 84037 See Home Health and Hospice Guide - Section 5

#### **Catholic Community Services**

801-394-5944

2504 F Ave., Ogden, UT 84401

Responds to human needs through counseling, emergency financial assistance and cooperation with community groups seeking to improve opportunities for all persons.

#### C.O.S.H. (Community Oriented Service for Help)

801-622-2674

2339 W. 5800 S. Roy, UT 84067

Assistance, respite care and support or families who have members with disabilities living at home.

#### **Comfort Keepers**

801-629-4663

3520 Lincoln #4, Ogden UT 84403

See Home Health and Hospice Guide - Section 5

#### **Community Nursing Service**

801-476-0088

425 E. 5350 S. #110 Ogden, UT 84405

See Home Health and Hospice Guide - Section 5

#### **Consumer Protection Division**

1-801-530-6601

160 E. 300 S. 2nd Floor Salt Lake City, UT 84111

Help solve complaints and answer consumer questions. Enforces consumer sales status.

#### **Continuing Education WSU, Outreach**

801-626-6600

Weber State University, 4006 University Circle, Ogden, UT 84408

Credit and non-credit classes in various topics available in the evenings and on weekends, both on and off campus Website www.weber.edu.com

#### Coram

1-800-755-9710

120 W. Vine St. #140 Murray, UT 84107

Infusion therapy specialists, 24 hour availability, All IV and IM medications.

**Country Hills Eye Center** 1-888-393-2687 or 801-399-1149 875 Country Hills Drive 84403

Comprised of five Board Certified Ophthalmologists providing comprehensive eye care for all patient needs. Full optical shop and contact lens department. Low Vision Therapy and Acupuncture treatments also available on site. Website: www.checdocs.org

#### **Cottages of Hope**

801-393-4011

2724 Washington Blvd, Ogden, UT 84401 Financial education and free tax preparation.

#### **Crestwood Care Center**

801-627-2273

3665 Brinker Ave., Ogden, UT 84403 88 bed skilled nursing facility.

#### **Davis Internal Health**

801-773-7500

1492 W. Antelope Dr. Suite #203 Layton, UT 84041 (Formerly Senior Health Clinic)

#### **Day Break Senior Services**

801-823-0160

1351 Valley Drive, Ogden, Utah 84401

Adult day care—Relieves the caregiver or his or her duties for the day while ensuring that the care recipient receives the proper care in a safe, friendly environment.

#### Dental Hygiene Clinic, WSU

801-626-6131

3921 University Circle, Ogden, UT 84408 Provide teeth cleaning service for minimal charge.

#### **Department of Motor Vehicles**

801-626-6131

2447 Lincoln Ave. Ogden, UT 84401 Vehicle registration, handicapped parking permit.

#### **Deseret Industries**

801-399-3333

435 N. Wall Ave., Ogden, UT 84401

Second hand clothing, furniture, toys and housewares at reduced prices.

#### Dignity Home Health & Hospice

801-934-6279

347 W. Gordon Ave. #1, Layton, UT 84041

See Home Health ... Section 5

#### Division of Services For Blind & Visually Impaired

1-800-950-8824

Low Vision Services

801-323-4369

950 25th St. Suite #200, Ogden, UT 84401

Training and adjustments for the visually impaired. Offer help to all persons in the State who have a significant vision problem. Free low vision clinics are conducted in Salt Lake City and frequently in other parts of the state.

# Division of Services to the Deaf and Hard of Hearing (DSDHH)

**Sanderson Center (SCCDHH)** 

801-263-4860

5709 S. 1500 W. Taylorsville, UT 84123-4217

#### **Dominion Energy**

801-323-5517

2974 Washington Blvd. Ogden, UT 84401

#### **Driver's License Division**

801-476-7704

615 E. 5300 S. South Ogden, UT

You may apply for an ID card or a driver's license. Fee required.

#### **Division of Services for People with Disabilities**

1-801-538-4200

195 N. 1950 W. 3rd Floor, Salt Lake City, UT 84116 Serves people with developmental disabilities..

#### **Easter Seals**

801-626-0351

480 27th St. Ogden, UT 84401

Supervised job placement, training and experience are provided at community service oriented work sites, for low income seniors trying to re-enter the work force.

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#### **Eccles Community Art Center**

801-392-6935

2580 Jefferson Ave., Ogden, UT 84401 Community arts education and exhibitions

#### **Elder Care Locator**

1-800-677-1116

eldercare.acl.gov

A national toll free number designed to help identify community resources for seniors anywhere in the United States.

#### **Encompass Home Care & Hospice**

801-392-8880

5478 S. Adams Ave., Parkway #1 Ogden, UT 84405 See Home Health and Hospice Guide - Section 5

### Family Services (State Division of Child and Family Services)

950 E. 25th St, Ste C, Ogden, UT 84401 801-629-5800

### Family Support Center of Ogden 801-393-3113

3340 S. Harrison Blvd. Ogden, UT 84403

#### Family Tree Assisted Living Center 801-829-5120

862 East Mahogany Ridge, Morgan, UT 84050

#### Fellowship Manor 801-394-0347

Service Coordinator; Rhonda Carlson 801-627-1709

2334 Monroe Blvd., Ogden, UT 84401

A low income, subsidized housing project for the elderly and persons with disabilities. A service coordinator is provided. A130 unit public housing facility.

#### **Financial Institutions Department**

1-801-538-8830

State of Utah

324 S. State, Suite 201, Salt Lake City, UT 84111

Handle complaints involving banks, credit unions, savings and loans, thrifts and the Utah Consumer Credit Code.

#### Friends for Sight (formerly Eyewatch)

1-800-675-5665 or 801-524-2020

661 S. 200 E. Salt Lake City, UT 84111

For individuals with eye conditions or diseases and their families. Meetings in Ogden and Salt Lake City. Testing for glaucoma.

**Garden Grove** 1-888-676-9177

1155 E. 23rd St. Ogden, UT 84401

Subsidized housing for elderly and those with disabilities.

### Gardens Assisted living 801-394-1400

1450 9th St., Ogden, UT 84404

69 bed assisted living facility providing personal care assistance.

# **George E. Wahlen Veterans Home** 801-334-4300 1102 1200 W., Ogden, UT 84404

1102 1200 w., Ogden, U1 84404

### Golden Links Manor 801-399-1437

Service Coordinator Rhonda Carlson 801-399-1437

1132 24th St. Ogden, UT 84401

A low income, subsidized housing project for the elderly and persons with disabilities. A service Coordinator is provided. Individuals need to be capable of living independently, 30 unit facility.

#### **Graham Court Disability Housing**

801-675-5656

HUD Multi-Family Housing for the physically disabled. 2 Bedroom, fully accessible units Applications accepted by Roads to Independence of Utah

# **Harmony Home Health & Hospice** 801-776-9386 1424 Legend Hills Dr. #100, Clearfield, UT 84015

1424 Legend Hills Dr. #100, Clearfield, UT 8401 See Home Health and Hospice Guide - Section 5

# Harrison Regent Retirement Center 801-781-5251

4481 Harrison Blvd., Ogden, UT 84403

# Harrison Pointe Care Center 801-399-5609

3430 Harrison Blvd. Ogden, UT 84403

# **Health Clinics of Utah** 801-626-3670 2540 Washington Blvd., Suite 122, Ogden, UT 84401

# Hearing Aid Helpline 1-800-521-5247 Prayida annumar kits with information about types and sources

Provide consumer kits with information about types and sources for hearing aids.

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Hearts for Hospice 4905 1500 W #210, Riverdale, UT 84405 See Home Health and Hospice Guide - Section 5	801-475-6222
HEAT Program -Futures Through Training 1140 E. 36th #150 St., Ogden, UT 84403 Home energy assistance target - to assist eligible h meet the rising costs of home energy.	801-394-9774 ouseholds to
Heritage House 4965 S. 425 W., Washington Terrace, UT 84405 Subsidized housing for the elderly and those with	801-479-8271 disabilities.
Heritage Park Care Center 2700 W. 5600 S., Roy, UT 84067 Short term rehab., long term care, ventilator/trach, Alzheimer secure units, ice cream shop, movie the lounge, gift shop, Café	
Hidden Valley Assisted Living 1367 Shadow Valley Dr. Ogden, UT 84403	801-689-0500
Home and Family Care Services 4072 Liberty Ave. S. Ogden, UT 84403	801-392-0692
<b>Home Instead Senior Care</b> 655 E Medical Dr. Ste 101, Bountiful 84010	801-393-8700
Home Helpers 2721 N. 400 E. #6 N. Ogden, UT See Home Health and Hospice Guide - Section 5	801-782-2988
HomeWatch Caregivers 50 N., Main St. Layton, UT 84041 See Home Health and Hospice Guide - Section 5	801-331-5463

#### **Horizon Hospice Specialists** 801-294-8600 72 W. Gentile, Layton, UT 84041 621-6642-5742 Hospice for Utah S. Adams Ave. Parkway #C., Ogden, UT 84405 See Home Health and Hospice Guide - Section 5 I Can Cope Support Group 1-800-227-2345 The American Cancer Society provides an educational group for adult cancer patients and their families. 801-399-1400 **IHC Home Care & Hospice** 3776 Wall Ave, Ogden, Utah 84405 See Home Health and Hospice Guide - Section 5 **Independence Home Health & Hospice** 801-298-1100 140 North Union Ave., Suite F350, Farmington, UT 84025 See Home Health and Hospice Guide - Section 5 **Inspiration Home Health & Hospice** 801-281-1314 1649 E 1400 S #140 Clearfield, Utah 84015 See Home Health and Hospice Guide - Section 5 In Home Care Assistance 801-643-2847 P. O. Box 12394, Ogden, UT 84412 See Home Health and Hospice Guide - Section 5 Intermountain Allergy & Asthma Clinic 801-363-4071 5929 S. Fashion Pointe Dr. #101 Ogden, UT 84403 **IVY Lane Home Health** 801-774-9698 115 Historic 25th St., Suite 2, Ogden, UT 84401 See Home Health and Hospice Guide - Section 5 **Kara Manor Apartments Senior Housing** 801-479-8271 4965 S. 425 W., S. Ogden, UT 84405

#### Kier Management Corp.

801-621-3390

3710 Quincy Ogden, UT 84403

Subsidized housing - section 8 (HUD) apartments. Rent based on income after allowances. Waiting lists vary.

#### **Kingstown Apartments**

801-393-0006

2245 Monroe Blvd., Ogden, UT 84401 Subsidized housing for the elderly and those with disabilities.

#### **Utah Labor Commission**

1-801-530-6801

160 E. 300 S. Salt Lake City, Utah 84114-6640

Enforces applicable discrimination laws barring deferential treatment on the basis of race, religion, sex, National origin, age, color or handicap

#### LDS Bishop's Storehouse & Cannery

801-399-3721

1525 Lincoln Ave., Ogden, UT 84401

Provide food on an emergency basis to those in need. By bishop approval and order.

#### **LDS Family Services**

801-621-6510

1525 Lincoln Ave., Ogden, UT 84404

Assist those in need of social services. Need bishop referral.

#### **Labor Division**

1-801-530-6801

160 E. 300 S. Salt Lake City

Investigates and resolves employment and housing discrimination complaints and enforces Utah's minimum wage, payment requirements and laws.

#### Law Center for Disabilities

1-800-662-9080

205 N. 400 W., Salt Lake City, UT 84103 801-363-1347 Provide legal services to people with disabilities. Client Assistance Program (CAP) for vocational rehabilitation clients. Assist clients with legal problems resulting from their handicap. Protect the rights of persons with mental illness.

### Legacy Healthcare Home Health & Hospice

801-771-9099

3135 North Fairfield Rd. #A, Layton, UT 84041 See Home Health and Hospice Guide - Section 5

#### **Legacy House**

801-476-7111

5526 S. Adams Ave. S. Ogden, UT 84405 (Across from Columbia Ogden Regional Hospital) Nurses on staff 16 hours per day. Nurses Aides available 24 hours per day. Secured Alzheimer's Unit. Restaurant style meals.

#### Licensing, DOPL

1-801-530-6628

Utah Department Occupational and Professional Licensing Will hear complaints against professionals, i.e., dentist, physicians, contractors.

#### **Lomond Gardens**

801-392-7266

550 Grant Ogden, UT 84404 Individual housing units for seniors.

#### Lomond Peak Health and Rehab

801-782-3740

524 E. 800 N. Ogden, UT 84404

Delivers a wide range of services while providing the highest quality of care to those in need of rehabilitation and long term care, 24 hour nursing care, 104 bed facility. Skilled nursing services, therapeutic diets, home style meals, speech therapy, occupational therapy, physical therapy, full schedule of activities every day.

# Lomond View Retirement Apartments

801-394-1118

616 Grant Ave. Ogden, UT 84404 Individual housing units for seniors.

#### LogistiCare

1-855-563-4403

Transportation Services for Medicaid recipients.

### **Lotus Park Assisted Living Center**

801-732-5290

3520 S. 2639 W., West Haven, UT 84401

**Mt. Ogden Health and Rehabilitation Center** 801-479-5700 375 E. 5350 S., Ogden, UT 84405

Provide quality nursing care and rehabilitation services in a 108 bed facility. Physical therapy, speech therapy, 24 hour nursing coverage, medical social services, Alzheimer unit. Assist with Medicaid and Medicare. Recreational activities.

### McKay-Dee Hospital

801-387-

2800

4401 Harrison Blvd. Ogden, UT 84403

Livewell-Senior Health

801-387-7800

Health seminars, education, and screenings for seniors.

#### **Medicaid Information**

1-866-435-7414

2540 Washington Blvd. 6th Fl. Ogden, Utah 84401 Provide general information and referrals concerning Medicaid and Primary Care Network Utah Medical Assistance Program (PCN). For application or specific information call the local State Department Health Bureau of Eligibility Services office.

#### Medicaid, Utah Eligibility

toll-free 1-800-662-9651

#### **Memory Lane Care Home**

435-720-7295

1295 N. 1700 W. Farr West, UT 84404

Assisted living level 2 care and/or skilled nursing care for 3 residents. Senior Day Care, Respite Care, Hospice and Rehabilitative Care.

#### **Midtown Community Health Center**

801-393-5355

2240 Adams Ave., Ogden, UT 84401

Health care for you and your family. Private insurance, Medicaid, Medicare and uninsured patients welcome. Mental Health Counseling also available.

#### **Morgan Senior Center**

1-801-845-4040

(See also Weber Human Services) 50 W. 100 N. Morgan, UT 84050

# **Motor Vehicles (State Tax Commission)** 1-800-368-8824 2447 Lincoln Ave. Ogden, UT 84401

# **Mountain Glen Apartments** 801-476-0278 5725 S. Wasatch Dr.,Ogden, UT 84403 Subsidized housing for the elderly.

Avamere at Mountain Ridge Assisted Living
1885 E. Skyline Drive, Ogden, UT 84403
Assisted Living Type II

Mountain View Health Services
801-479-8480
5865 Wasatch Dr., Ogden, UT 84403
Skilled Nursing Center, Short term rehab., Adult Day Care, Res-

pite, Alzheimer/Dementia Unit.

5475 S. 500 E., S. Ogden, UT 84405

www.ncoa.org

#### National Council on Aging 1-591-527-3900 1901L Street, North West 4th Floor Washington, D.C. 20036 Write for listing of books and pamphlets available.

#### National Society to Prevent Blindness of America 211 W. Wacker Dr. #1700, Chicago IL 60606 1-800-331-2020 Prevention of blindness through a comprehensive program of community services, research, public and professional education.

Office of Crime Victim Reparations 1-800-621-7444 350 E. 500 S., Suite 200, Salt Lake City, UT 84111 Can provide compensation for medical and related expenses to

# victims of violent crimes. Ogden Regional Medical Center 801- 479-2111

**H2**U 801-479-2019

Health Happiness You. Empowering adults to manage their health and live a healthy lifestyle.

**Ogden -Weber Community Action Partnership** 801-399-9281 (OWCAP) 3159 Grant, Ogden, UT 84401

Weatherization, landlord/tenant mediation, information and referral, crisis intervention and counseling (prevent loss of home due to mortgage default/foreclosure) fair housing advocate program, food stamp information and budget counseling. Emergency food baskets, housing rental information, community development, furniture donations, furnace repair, food bank, and Volunteer Income Tax Assistance (VITA)

#### **Ogden City Housing Authority**

801-627-5851

1100 Grant Avenue, Ogden, UT 84401

99 unit public housing facility. Enable low income senior citizens, disabled and handicapped persons to obtain adequate rental housing while paying no more than 30% of their income for rent. Must be senior citizen, legally disabled or handicapped.

#### **Ogden Community Development**

801-629-8940

2549 Washington Blvd., Suite 120, Ogden, 84401-2319

Provide programs to assist homeowners within Ogden City limits. The Own-In-Ogden Down Payment Assistance Program provides a \$3,000 to \$5,000 deferred loan for individuals wishing to purchase housing in the central city.

#### **Ogden Rescue Mission, Inc.**

801-621-4360

2775 Wall Ave., Ogden, UT 84401

Assist with food, shelter, clothing, personal counseling. Medical and dental clinic. Clinic hours are Mon., Wed., and Fri. From 3-5 p.m. Alcohol and drug addiction rehabilitation program. Emergency overnight shelter.

#### **OnStage Ogden**

801-399-9214

638 E. 26th St., Ogden, Utah 84401

Sponsors local performances of the Utah Symphony and Ballet West. Season ticket purchase may also include transportation for seniors.

801-627-8300 eneral
801-737-8280 te. English as a nd older.
801-782-4444
801-538-3924
801-732-0060 Secured Alz- meals, ice cream
801-395-3200
801-728-3333
1-800-543-3546
801-689-1600
801-621-6555

801-745-6667

**Pineview Assisted Living** 

2547 N. Valley Junction Dr., Eden, UT 84310 Assisted living for the elderly in a small residential hour care, dietician approved home cooked meals, keeping and laundry, individual and group activitie with all aspects of daily living.	daily house-
Prescription Delivery	
Canyon View Health Mart Pharmacy	801-475-3795
1159 12th St. Ogden, UT 84404	
Midland Pharmacy	801-985-7011
4815 S. 3500 W. Roy, UT 84067	
Morgan Drug	801-829-3262
109 N. Commercial, Morgan, UT 84050	
Ogden Clinic Pharmacy	801-479-4030
4650 Harrison Blvd., Ogden, UT 84403 \$1.00 Fee	
Terrace Pharmacy	801-479-9645
425 E. 5350 S., Washington Terrace, UT 84405	
PillPack at Amazon Pharmacy	855-745-5725
Ridley's Pharmacy	801-621-8700
145 N Harrisville Rd, Ogden, UT 84404	001 500 0000
Roy Pharmacy	801-732-0202
3460 W. 4800 S. Roy, UT 84067	001 (01 12(7
Walgreens	801-621-1367
1208 Washington Blvd, Ogden, UT 84404	901 470 0221
Wasatch Pharmacy Care	801-479-0331
4387 Harrison Blvd. Suite D-7 Ogden, UT 84403	
Professional Services Corp. 533 26th St., Suite 102, Ogden, UT 84401 Drug, alcohol and domestic violence counseling.	801-621-3624

**Property Tax Abatement/Circuit Breaker** 801-399-8400 2380 3rd Fl. Suite 320 Washington Blvd Ogden, Utah 84401 Provides help with property tax bills for people who are 65+ years old, widows/widowers or disabled. Eligibility is based on the household income. Homeowners may apply for a property tax

abatement. Renters may apply for a renter's rebate. Mobile home owners may also apply for a rebate. Disabled veterans and the legally blind or their spouses also are eligible for assistance.

#### Public Utilities, State of Utah

1-800-874-0904 or 1-801-530-7622

160 E. 300 S., 4th Fl. Salt Lake City, UT 8411

Help with problems with utility companies, including shut-offs, rates and service. Complaints are dealt with only after customers have tried to work through utility companies.

#### **Quail Meadow Assisted living**

801-782-7440

786 E. 2100 N. N. Ogden 84414 We are a small 24 room facility.

#### R & L Courts

801-627-8094

849 E. 550 S. Ogden, UT 84404 Subsidized housing for the elderly.

#### **Rape Crisis Center**

801-392-7273

2261 Adams Ave., Ogden, UT 84401

Provide 24 hour crisis line, will meet victim at hospital, support groups, counseling, speakers bureau and community education.

#### **Rescue Alert (Mytrex)**

1-800-688-9576

10321 Beckstead Lane, South Jordan, UT 84095 Emergency response system.

#### Right at Home

801-479-7026

955 E. Chambers St. Suite 210, South Ogden, UT 84403 See Home Health and Hospice Guide - Section 5

#### Roads to Independence

801-612-3215

3355 Washington Blvd. P. O. Box 428 Ogden, UT 84402 Information & referral, peer support, self advocacy, system change advocacy, assistive technology, recreation and community opportunities for all persons with disabilities. www.tricountyilc.com

#### **Rocky Mountain Home Care & Hospice**

801-525-4800

523 Heritage Park Blvd, Layton, UT 84041 See Home Health and Hospice Guide - Section 5

#### **Rocky Mountain Personal Care**

801-397-4140

576 West 900 South, Suite 101, Woods Cross, UT 84010 See Home Health and Hospice Guide - Section 5

#### **Rocky Mountain & Pacific Power**

1-888-221-7070

2484 Washington Blvd. Ogden, Utah 84401 Help with billing and service problems.

#### The Salvation Army

801-621-3580

2615 Grant, Ogden UT 84401

Thrift stores. Pastoral counseling. All services are free to needy. Aid to families, Emergency assistance

#### **Seasons Assisted Living**

801-394-0044

1979 Heritage Dr. Farr West, UT 84404

#### **Senior Access Pass (Utah State Parks)**

801-538-7220

1594 W. No. Temple Suite #116 SLC UT. 84116

Available to persons over age 62 . Fun tag is free to those who meet disability requirements. www.stateparks.ut.gov

#### **South Ogden Post Acute**

801-479-8455

5540 S. 1050 E., S. Ogden, UT 84405

Provides long and short term care primarily for the elderly. Rehabilitation and post hospital care. Full therapy service, 24 hour RN staffing. 140 bed facility.

**S.S.I.** 1-877-378-9081

Supplemental Security Income provides additional income to very low income people who have few assets. Recipients must be 65 or older, blind or disabled.

See Home Health and Hospice Guide - Section 5

St. Anne's Center/Lantern House 269 W. 33rd ST. Ogden, UT 84401	801-621-5036
Provide crisis help, food, clothing essentials, Hor	neless shelter.
St. Benedict's Manor 3000 Polk Ave.,Ogden, UT 84401 Subsidized housing for seniors.	801-393-6767
Sunridge Assisted Living 3673 W. 5600 S., Roy, UT 84067	801-731-4444
Sheriff's Office 721 W. 12th St. Ogden, Utah 84404	801-778-6600
Social Security Administration 324 25th St., Ogden, UT 84401	1-800-772-1213
Retirement benefits, survivors and disability benefits. Death benefits. Supplemental Security Income (SSI) benefits for the aged, blind and disabled.	
<b>Specialty Nursing Services</b> 620 South 9500 East, Huntsville, UT 84317 See Home Health and Hospice Guide - Section 5	801-732-2178
Stonehenge of Ogden 5648 Adams Ave. Parkway, Washington Terrace	801-475-0500 , UT 84405
Stoney Brooke Assisted Living 4390 S. 700 W. Riverdale, UT 84405	801-393-2824
Suzy's Senior Companion Services P.O. Box 1943 Layton, UT 84041	801-540-2077
The Lodge at North Ogden (Assisted Living) 204 1700 N. St., North Ogden, UT 84404	801-719-5121

#### **Three Link Towers** 801-399-4841

Service Coordinator; Stuart Cannon 801-393-7679

2427 Jefferson Ave.

A low income, subsidized housing project for the elderly and persons with disabilities. Service Coordinator provided. Individuals need to be capable of living independently. A122 unit facility.

#### TLC Food Bank 801-621-2185

1390 Canyon Rd. Ogden, UT 84404 Saturdays  $8:30 \text{ am} \sim 11:00 \text{ am}$ 

#### Treeo South Ogden

801-475-4004

6068 S. Ridgeline Dr., South Ogden, UT 84405

**Tri-County Weatherization** 801-359-2444 or 1-877-882-4799 P. O. Box 618, Farmington, UT 84025

Tri-County Weatherization is committed to energy conservation and safety in the homes of income-qualifying applicants. Homeowners and renters are eligible for assistance and are encouraged to apply. Applications are accepted year-round. Tri-County Weatherization provides this service to all qualified residents in Davis, Morgan, and Weber Counties.

# **Trinity Mission Wide Horizons Care Center** 801-399-5876 910 Monroe Blvd., Ogden, UT 84404

83 bed skilled nursing facility for people with mental retardation and developmental disabilities.

### **Turn Community Services** 1-801-359-8876

423 W. 800 S. Salt Lake City, UT 84101

Helps developmentally disabled people find services that are best suited to their disabilities.

#### **Union Gardens** 801-392-7230

Service Coordinator; Jan Wilson 801-395-0846

468 3rd St. Ogden, 84404

A low income, subsidized housing project for the elderly and per-

sons with disabilities. Service Coordinator is provided; Individuals need to be capable of living independently. A 50 unit facility.

#### **Union Station Museum**

801-393-9886

2501 Wall Ave., Ogden, UT 84401

#### **Utah Alcoholism Foundation/Serenity House**

1-800-314-8328 or 801-392-5971

529 25th Street Ogden, 84401

Provides education, information and referral services.

#### **Utah Center for Assistive Technology**

1-801-887-9500

1595 W. 500 S., Salt Lake City, UT 84104

Offer a variety of free services to people with disabilities, their families, advocates and service providers. Ready to serve individuals who want to see or try available new equipment, find out about used equipment, gather information, have questions answered and become better informed about assistive technology.

#### **Utah Dental Association**

1-800-261-5315

An information center for dental questions.

#### **Utah Hospice Specialists**

801-294-8600

72 W. Gentile, Layton, UT 84041

#### **Utah Legal Services**

801-394-9431

298 24th Street, Suite 110 Ogden, UT 84401

Provide assistance for adult victims of domestic violence (No income eligibility required). Provide general domestic relation legal services (i.e., divorce, alimony, child support) for income eligible people. Handles only civil cases. Can answer questions, prepare legal documents, represent clients in court and help with access to health care problems. ULS Clinic held every 2nd and 4th Monday of the month from 1:00 p.m. to 3:00 p.m. Located at the Second District Court, 2525 Grant Avenue. No appointment necessary. Dates and times are subject to change.

#### **Utah State Birth/Death Certificates**

801-399-7130

Weber County Health Department, 477 23rd St., Ogden, UT 84401

Call for information on birth or death certificates. Fee required.

#### **Utah Food Bank**

801-978-2452

3150 S. 900 W., Salt Lake City, UT 84119

#### **Utah Emergency Food Program**

801-399-8200

Utah State University Extension Service 1181 N. Fairground Dr. Ogden, UT 84404

#### **Utah Telephone Assistance Program**

1-800-948-7540

A discount on monthly phone bills and hook up fees for low income people. Call U.S. West Communications or more information.

#### **Utah Transit Authority**

1-888-RIDE-UTA

Persons 65+ or those with a disability may travel anywhere in the UTA service area for a reduced fare. This discount may be obtained by presenting the driver with identification or completing

#### Village Square

801-394-6761

600 W. 600 S. Ogden, 84404

100 unit government assisted housing for elderly (over 62), handicapped or disabled persons.

#### **Visiting Angels Homecare**

801-820-5874

1649 Antelope Dr. Ste.370, Layton, UT 84041 See Home Health and Hospice

#### **VITA (Volunteer Income Tax Assistance)**

1-800-906-9887

The VITA program offers free tax help to people who generally make \$54,000 or less, persons with disabilities, the elderly and limited-English-speaking taxpayers who need assistance in preparing their own tax returns.

#### The Terrace at Mt. Ogden

801-479-9855

400 E. 5350 S., Ogden, UT 84405 120 bed skilled nursing facility.

#### **Weber County Assessor's Office**

801-399-8124

2380 Washington Blvd # 380, Ogden, UT 84401

Property tax relief for disabled veterans, and the legally blind (including surviving spouse), low income citizens who are either elderly, widow/widower, disabled, handicapped or extreme hardship.

#### Weber County Attorney

801-399-8377

2380 Washington Blvd. Suite #230 Ogden, UT. 84401

#### **Weber County Clerk Auditor**

801-399-8400

2380 Washington Blvd., Ogden, UT 84401

#### Weber Morgan Health Department

801-399-7250

477 23rd St., Ogden, UT 84401

Blood pressure clinic Monday through Friday 8:30 a.m. to 4:30 p.m. No appointment necessary. Free service. Pneumococcal and flu vaccine available and billed to Medicare.

### Weber Housing Authority

801-399-8691

237 26th St. Ogden, UT 84401

Weber County Legal Service Bar Night (YCC) 801-394-9456 2261 Adams Avenue, Ogden, UT

Weber County Bar Night is held every 2nd and 4th Thursday of the month starting at 5:00 p.m. located at Your Community Connection (YCC) 2261 Adams. Phone Number 801-394-9456. By appointment only: Must call the day of the Weber County Bar Night to schedule by 8:00 am. Limited to 10 people. Dates and/or times are subject to change.

#### **Weber County Library**

801-337-2632

All library branches maintain a referral file of social, cultural, business, recreational and human service organizations for community use. Volunteer delivery of materials for the homebound disabled.

North Branch Library	801-782-8800
475 E. 2600 N., Ogden, UT 84414	
Pleasant Valley Branch	801-337-2690
5568S. Adams Ave, South Ogden, UT 84405	
Southwest Branch Library	801-773-2556
4800 S. 1950 W. Roy, UT 84067	
Weber County Library Main Branch	801-337-2632
2464 Jefferson Ave., Ogden, UT 84401	
Ogden Valley Library	801-745-2220
131 S. 7400 E. Huntsville, UT 84317	

#### **Window Sentry**

801-390-6726

An alarm device that attaches to door knobs. Operates on a 9 volt battery.

#### **Work Force Services (State Division)**

801-626-3100

480 27th St., Ogden, UT 84401

Provides help with unemployment benefits, job placements, JTPA, food stamps, Medicaid and Aid to Families with Dependent Children.

#### **Your Community Connection**

801-394-9456

Provides support shelter for battered women and children. Anger management classes, domestic violence classes. Support groups and counseling for women and children.

#### **Senior Life Care Program**

801-689-1741

2261 Adams, Ogden, UT 84401

Minor home repairs and yard care for those over 60.

# 3. AREA AGENCIES ON AGING STATEWIDE

Bear River AAA (BRAG) Box Elder, Cache, Rich 170 N. Main, Logan, UT 84321	435-752-7242
Davis Co. Senior Services (Davis) 22 South State Street Clearfield, UT 84015	801-525-5050
Five County AAA (St. George)	435-673-3548
(Beaver, Garfield, Iron, Kane, Washington) (Cedar City) P.O. Box 1550 St. George, UT 84770	435-586-2950
Mountainland AAA (Summit, Wasatch, Utah) 586 E. 800 N. Stratford Park Orem, Utah 84097	801-229-3804
Salt Lake County Aging Services (Salt Lake) County Govt. Center, South Bldg. 2001 S. State St., #S-1500 Salt Lake City, UT 84190-2300	385-468-3200
San Juan County AAA (San Juan) 117 S. Main P.O. Box 9 Monticello, UT 84535	435-587-3225
Six County AAA (Wayne, Piute, Juab, Sanpete, Millard, Sevier) 250 N. Main, Room 5 Richfield, UT 84701	435-893-0700

# 3. AREA AGENCIES IN AGING STATEWIDE

South Eastern Utah AAA (Carbon, Emery, Grand) P.O. Drawer 1106 Price, Utah 84501	435-613-0036
Tooele Co. Div. of Aging and Adult Services (Tooele) 59 E. Vine St. Tooele, UT 84074	435-843-4110
Uintah Basin AAA (UBAG) (Daggett, Duchesne) 855 E. 200 N. (112-3) Roosevelt, UT 84066	435-722-4518
Uintah County AAA (Uintah) 155 S. 100 W. Vernal, UT 84078	435-789-2169
Weber/Morgan AAA 237 26th St. Rm 320, Ogden, UT 84401	801-625-3770

#### Federal

President Joe Biden (D)

The White House Washington, D.C. 20500 1-202-456-1111 (Comment office)

#### Sen. Mike Lee (R)

316 Hart Senate Office Bldg. Washington, D.C. 20510-4403 625-5676 (Ogden office)

#### Sen. Mitt Romney (R)

B33 Russell Senate Office Bldg Washington, D.C. 20510 524-4380 (Salt Lake office)

#### Rep. Blake Moore (R)

1320 Longworth HOB. Washington, D.C. 20515-4401 202-225-0453

## Rep. Chris Stewart (R)

323 Cannon HOB Washington, D.C. 20515-4403 202-225-9730

#### Rep. John Curtis (R)

2236 Rayburn HOB Washington, D.C. 20515-4402 202-225-7751

## Rep. Burgess Owens (R)

1039 Longworth HOB Washington, D.C. 20515 202-225-3011

#### Rep. Ryan D. Wilcox (R)

Dist. 7 (Weber) P.O. Box 14007 Ogden, UT, 84412 385-600-3306

#### Steve Waldrip (R)

Dist. 8 (Weber) 5838 East 2500 North Eden, UT, 84310 801-389-9329

#### Rep. Calvin Musselman (R)

Dist. 9 (Ogden) 4137 S 4100 W West Haven, UT, 84401 801-941-6188

#### Rep. Rosemary T. Lesser (D)

Dist. 10 (S. Ogden) 1145 East 4600 South #150156 Ogden, UT 84415 385-278-3556

## Rep. Kelly Miles (R)

Dist. 11 (Washington Terrace, Roy, Uintah, Uintah Highlands, Riverdale, HAFB) 6288 S 1575 E Ogden, UT, 84405 801-458-8270

## Rep. Mike Schultz (R)

Dist. 12 (Roy) 4904 W 5850 S Hooper, UT 84315 801-859-7713

#### State

#### **Governor Spencer Cox (R)**

210 State Capitol Salt Lake City, UT 84114 1-801-538-1000

#### Lt. Governor Deidre Henderson

210 State Capitol Salt Lake City, UT 84114 1-801-538-1000

## **Attorney General Sean D. Reyes**

236 State Capitol Salt Lake City, UT 84114 1-801-538-9600

#### **State Senate Office**

320 State Capitol SLC, UT 84114 801-538-1035

### Sen. Ann Millner (R)

Dist. 18 (Weber, N. Davis, Morgan) 4287 Harrison Blvd. Rm 313 Ogden, UT 84403 801-900-3897

#### Sen. John D. Johnson (R)

Dist. 19 (N. Ogden, Ogden Valley, Morgan, Pleasant View, East Bench, Ogden) Ogden, UT 84414 385-272-7428

## Sen. David G. Buxton (R)

Dist. 20 (South and West Weber County) 4162 S. 2340 W. Roy, UT 84067 801-707-7095

#### Rep. Kera Birkeland (R)

Dist. 53 (Morgan, Rich, Summit Counties) P.O. Box 497 Morgan, UT, 84050 385-266-2677

#### Rep. Matthew Gwynn (R)

Dist. 29 (Weber, Box Elder) 2595 N 2675 W Farr West, UT, 84404 385-538-3266

## Weber County Commissioners Comm. Gage Froerer (R)

2380 Washington Blvd. #360 Ogden, UT 84401 801-399-8406

#### Comm. Scott Jenkins (R)

2380 Washington Blvd. #360 Ogden, UT 84401 801-399-8406

#### Comm. Jim Harvey (R)

2380 Washington Blvd #360 Ogden, Utah 84401 801-399-8406

#### **Farr West City**

Mayor Z. Lee Dickemore 1896 N. 1800 W. 84404 801-430-4299 Mayor@farrwestcity.org

#### **Harrisville City**

Mayor Michelle Tait 363 W. Independence Blvd. Harrisville, UT 84404 801-782-4100 ext 1006

#### **Hooper City**

Mayor Dale Fowers 5580 West 4600 South, Hooper, Utah 84315 801-732-1064

#### **Huntsville City**

Mayor Jim Truett P.O. Box 267, Huntsville, UT 84317 801-745-3420

### **Marriot-Slaterville City**

Mayor Scott Van Leeuwen 1570 W. 400 N. 84404 801-627-1919

#### **Morgan City**

Mayor Ray Little P.O. Box 1085, Morgan, UT 84050 801-829-3461

### **Morgan County**

Robert McConnell, Chair P.O. Box 886, Morgan, UT 84050 801-694-1783

## **North Ogden City**

Mayor S. Neal Berube 505 E. 2600 North, Ogden, UT 84414 801-686-0688

## **Ogden City**

Mayor Mike Caldwell 2549 Washington Blvd, Ogden, UT 84401 801-629-8111

#### **Plain City**

Mayor Jon Beesley 4160 W. 2200 N. 84404 801-388-0383 jonb@plaincity.com

#### **Pleasant View City**

Mayor Leonard Call 520 W. Elberta Dr. Pleasant View City, UT 84414 801-940-6231 Lcall@pleasantviewcity.com

#### **Riverdale City**

Mayor Norm Searle 4600 S. Weber River Drive Riverdale, UT 84405 801-392-2122 nsearle@riverdalecity.com

#### **Roy City**

Mayor Robert Dandoy 5051 S. 1900 W. 84067 801-985-9220 rdandoy@royutah.org

#### **South Ogden City**

Mayor Russell Porter 3950 S. Adams Ave. 84403 South Ogden, UT 84403 801-622-2701 rporter@southogdencity.com

### **Washington Terrace City**

Mayor Mark C. Allen 5249 S. 400 E. Washington Terrace, UT 84405 801-479-7070

### 5. HOME HEALTH AND HOSPICE

### **HOME CARE (Personal Care)**

Home based support with housekeeping, laundry, transportation, chores, and/or meal preparation. The following companies offer home care.

At Home Care for Seniors	801-825-5503
Comfort Keepers	801-629-4663
Home and Family Care Services	801-392-0692
Home Instead Senior Care	801-393-8700
Home Helpers	801-782-2988
HomeWatch Caregivers	801-331-5463
In Home Care Assistance	801-643-2847
Right at Home	801-479-7026
Rocky Mountain Personal Care	801-397-4140
Suzy's Senior Companion Services	801-540-2077
Visiting Angels Homecare	801-820-5874

#### HOME HEALTH

Home health is generally considered to be personal care that focuses on assuring the maximum level of independence possible. It includes assistance with bathing, dressing, personal grooming, mobility, eating, medication reminder, using the toilet and incontinence care.

***************************************	
Applegate Home Health and Hospice	801-394-3250
Brio Home Health	801-649-5566
Caregiver Support Network	801-547-0060
Canyon Home Health and Hospice	801-485-6166
CNS Community Home Health and Hospice	801-476-0088
Encompass Home Care and Hospice	801-392-8880
Harmony Home Health & Hospice	801-776-9386
IHC Home Care and Hospice	801-399-1400
Independence Home Health & Hospice	801-298-1100
Inspiration Home Health & Hospice	801-281-1314
IVÝ Lane	801-774-9608
Legacy Healthcare Home Health	801-771-9099
Rocky Mountain Home Care & Hospice	801-525-4800
Solstice Home Health and Hospice	801-485-1035
South Davis Home Health & Hospice	801-298-8983

## 5. HOME HEALTH AND HOSPICE

Specialty Nursing Services	801-732-2178
HOSPICE CARE	
Eligibility requires being certified by a physician	•
Applegate Hospice	801-394-3250
Brio Hospice	801-649-5566
Bristol Hospice	801-737-2633
Caregiver Support Network	801-547-0060
CNS Community Hospice	801-476-0088
Community Nursing Service	801-776-4445
Encompass Hospice & Home Care	801-392-8880
Envision Home Health & Hospice	801-317-8099
Harmony Home Health & Hospice	801-776-9386
Hearts for Hospice	801-475-6222
Hospice for Utah	801-621-6642
Independence Home Health & Hospice	801-298-1100
Inspiration Home Health & Hospice	801-281-1314
IHC Hospice & Home Care	801-399-1400
Legacy Healthcare Hospice	801-771-9099
Rocky Mountain Home Care & Hospice	801-525-4800
South Davis Home Health & Hospice	801-298-8983
Solstice Home Health and Hospice	801-485-1035
The INN Between Hospice for Homeless	385-743-1660

ABUSE Adult Protective Services	1-800-371-7897
Family Support Center of Ogden	801-393-3113
Professional Services Corp.	801-621-3624
YCC Your Community Connection	801-394-9456
Tee Tour community connection	001-374-7430
ADULT DAY CARE	
DayBreak Senior Services	801-823-0160
ALCOHOL AND DRUG ABUSE	
Alcoholics Anonymous	801-393-4728
	801-621-4360
Ogden Rescue Mission, Inc.	801-621-3624
Professional Services Corp. USARA	801-021-3024
(Utah Support Advocates for Recovery Awarene	ss)801-874-5472
Weber Human Services	801-625-3700
West Haman Services	001 023 3700
ASSISTED LIVING	
Aspen	801-399-5846
Avemere at Mountain Ridge	801-475-5111
Family Tree at Morgan	801-829-5120
Gardens Assisted Living	801-394-1400
Hidden Valley	801-689-0500
Legacy House	801-476-7111
Beehive of Roy	801-985-1030
Lotus Park	801-732-5290
Memory Lane	435-720-7295
Peach Tree Place	801-732-0060
Our House Assisted Living/Memory Care	801-782-4444
Quail Meadow	801-782-7440
Seasons Assisted Living of Farr West	801-394-0044
Stoney Brooke (Riverdale)	801-393-2824
Sunridge Assisted Living of Roy	801-210-8119
Pineview Assisted Living (Eden)	801-745-6667
The Auberge at North Ogden	801-737-1230
The Lodge at North Ogden	801-719-5121
The Louge at Horai Oguen	001 /17-3121

BIRTH AND DEATH	
Bureau of Vital Records	1-801-538-6105
Weber County Health Department	801-399-7250
CAREGIVERS	
Care For The Caregiver	801-625-3866
Country Niche Adult Day Care	801-436-5727
Grand Families Kinship Care	801-564-6460
Senior Companion Program	801-625-3774
The Alternatives Program	801-625-3770
COUNSELING SERVICES	
Family Counseling Services	801-399-1600
L.D.S. Social Services	801-621-6510
Weber Human Services	801-625-3700
Webel Human Services	001 023 3700
DENTAL	
Dental Hygiene Clinic, W.S.U.	801-626-6131
Weber Midtown Dental Clinic	801-393-5355
DISABILITY SERVICES	
Adult Protective Services	1-800-371-7897
Department of Human Services	801-626-3100
Hearing Aid Helpline	1-800-521-5247
Roads to Independence	801-612-3215
Utah Assistive Technology Program	801-524-5152
Hard Of Hearing Program	801-269-2801
Deaf and Hard of Hearing	801-263-4860
EMERGENCY RESPONSE SYSTEMS	
Alertline	1-801-731-7302
Healthwatch	1-800-348-8111
Phillips Lifeline	1-800-543-3546
Rescue Alert	1-800-688-9576
Connect America	1-801-955-4949
Total Care Solution	801-638-8065
All Calls Medical	801-388-0464

EMPLOYMENT	
Work Force Services	801-626-3100
Easter Seals	801-626-0351
EYECARE	
Friends for Sight	1-800-524-2020
	950-8824 ext.373
<b>J</b> 1	yecareamerica.org
National Eye Care Help Line	1-800-222-3937
	393-2687 ext.317
Ogden Association of the Blind	388-3119
FINANCIAL SERVICES	
Consumer Protection Division	1-801-530-6601
Financial Institutions of Utah	1-801-538-8830
Ogden - Weber Community Action Partnership	801-399-9281
Social Security Administration	1-800-772-1213
Cottages of Hope	801-393-4011
National Foundation For Credit Counseling	1-800-388-2227
Association of Independent Consumer Credit Co	ounseling
1	1-866-703-8787
FOOD/CLOTHING/SHELTER	
American Red Cross	801-627-0000
Catholic Community Services	801-394-5944
Deseret Industries	801-399-3333
Division of Family Services	801-626-3100
Kier Management Corp.	801-621-3390
L.D.S. Bishop's Storehouse & Cannery	801-399-3721
Meals on Wheels New Customers	801-399-8392
Senior Nutrition Kitchen	801-399-8392
Ogden- Weber Community Action Partnership	801-399-9281
Ogden Rescue Mission, Inc.	801-621-4360
Lantern House	801-621-5036
The Salvation Army	801-621-3580
Kartwheels	801-477-7467
Homestyle Direct	1-866-735-0921

TLC Food Bank	801-621-2185
HEALTH ISSUES	001 021 2103
Alzheimer's Association Utah	801-265-1944
American Cancer Society	1-800-234-0533
American Diabetes Association	1-800-888-1734
American Heart Association	1-800-242-8721
American Lung Association of Utah	1-801-484-4456
American Red Cross	801-627-0000
Elder Care Locator	1-800-677-1116
Health Clinics of Utah	801-626-3670
Medicaid	1-800-662-9651
Medicare - Noridian	1-800-633-4227
Ogden Rescue Mission, Inc.	801-621-4360
State Health Insurance Information Program	SHIIP 801-625-3770
Weber Morgan Health Department	801-399-7250
Midtown Community Health Center	801-393-5355
CHIC McKay Dee	801-387-2800
HEATING AND WEATHERIZATION American Red Cross Ogden - Weber Community Partnership Tri County Weatherization YCC Senior Life Care Program	801-627-0000 801-399-9281 801-451-3362 801-689-1741
HOME CARE & HOSPICE See Home Care and Hospice, Page 43	
IDENTIFICATION	
Social Security Administration	1-800-772-1213
Utah Driver's License Division	801-476-7704
Utah State Birth/Death Certificates	801-399-7130
LEGAL SERVICES	
AARP	1-866-448-3616
Adult Protective Services	1-800-371-7897
Better Business Bureau of Utah	1-800-456-3907
Lawyer Referral Service	1-800-698-9077
Legal Center for People with Disabilities	1-800-662-9080
Office of Crime Victim Reparations, State of	Utah

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II. I D I. I I I I I COL'	1-800-621-7444
Utah Debtors Legal Relief Clinic	1-801-546-3874
Utah Legal Services	801-394-9431
Weber County Bar Night	801-394-9456
YCC Dispute Resolution	801-689-1720
Family Mediation of Utah	1-801-583-3004
National Elder Law foundation	1-520-881-1076
Community Legal Clinic	1-801-240-1442
LIBRARIES	
Main Branch	801-337-2632
North Branch	801-782-8800
Ogden Valley	801-745-2220
Pleasant Valley	801-337-2690
Southwest Branch	801-337-2670
MEDICAL EQUIPMENT	
A-1 Medical	801-394-4455
Accessible Systems	801-721-1614
Alpine Medical	801-393-0015
Apria Medical	801-394-4000
IHC Medical	801-387-5450
Med Source	801-771-3939
Millennial Care Oxygen	801-627-1175
Peterson Medical	801-728-3333
1 eterson wiedien	001-720-3333
MEDICAL SERVICES	
Midtown Community Health Center	801-393-5355
Ogden Rescue Mission Medical Clinic	801-394-4161
Health Clinics of Utah	801-626-3670
Weber County Health Department	801-399-7250
MEDICARE/MEDICAID	
Medicaid Information	1-800-662-9651
Medicare - Part A & Part B Noridian	1-800-633-4227
Anna Marie Collins	801-625-3873
Time Maile Collins	001 025 5075

MENTAL HEALTH	
Family Support Center of Ogden	801-393-3113
Weber Human Services	801-625-3700
Midtown Community Health Center	801-393-5355
NAMI (National Alliance for Mental Illness)	801-625-3714
1 vivil (1 varional 7 manes for iviental miness)	001 023 3711
NURSING HOMES	
Crestwood Care Center	801-627-2273
Lomond Peak Rehab	801-782-3740
Harrison Pointe	801-399-5609
Heritage Park Care Center	801-825-9731
South Ogden Post Acute	801-479-8455
Mt. Ogden Nursing Center	801-479-5700
Pine View Transitional Rehab.	801-689-1600
Mountain View Health Services	801-479-8480
Stonehenge Rehab	801-475-0500
Veteran's Nursing Home (George E. Wahlen)	801-334-4300
The Terrace at Mt. Ogden	801-479-9855
PRESCRIPTION DELIVERY SERVICES	
Maceys	801-392-1842
Medicine Shoppe	801-399-1151
Midland Pharmacy	801-985-7011
Morgan Drug	801-829-3262
Ogden Clinic	801-479-4030
Terrace Pharmacy	801-479-9645
Ridleys Pharmacy	801-399-4400
Roy Pharmacy	801-732-0202
PillPack at Amazon Pharmacy	855-745-5725
Wasatch Pharmacy Care	801-479-0331
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DRUG DISPOSAL SITES	
Farr West City Building	801-731-4187
Harrisville City Building	801-782-9648
Marriott-Slaterville City Building	801-627-1919
Morgan County Sheriff's Office	801-829-0590
North Ogden Police Department	801-782-7219
Ogden City Police Department	801-395-8221
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Riverdale Police Department	801-394-6616
Roy Police Department	801-774-1010
South Ogden Police Department	801-622-2800
Weber County Sheriff	801-778-6600
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RECREATIONAL OPPORTUNITIES	
Eccles Community Art Center	801-392-6935
HAFB Museum	801-825-5817
Newgate Mall (Walkers Welcome)	801-621-1161
Peery's Egyptian Theater	801-395-3200
Trails Foundation Northern Utah	001 202 2204
(Weber Pathways)	801-393-2304
Union Station Museum WCOFE	801-393-9886
Weber Senior Services: Senior Centers	801-399-8392 801-625-3770
Ogden Symphony Ballet Association	801-399-9214
Oguen Symphony Danet Association	001-333-3214
RETIREMENT CENTERS	
Harrison Regent	801-479-1653
SENIOR CENTERS (BACK COVER)	
(	
SENIOR HOUSING COMPLEXES	
Brandlewood	801-394-8756
Fellowship Manor	801-394-0347
Garden Grove	801-627-1707
Golden Links Manor	801-399-1437
Graham Court	801-675-5656
Heritage House	801-479-8271
Kara Manor	801-479-8271
Kier Management Corp.	801-621-3390
LaDawn	801-773-5566
Lomond Gardens	801-392-7266
Lomond View	801-394-1118
Massey Normandy	801-479-6377 801-621-4846
Ogden City Housing Authority	801-627-5851
Oguen City Housing Authority	001-02/-3031

6. INDEX BY TYPE OF SERVICE		
Osmond Heights Parkwood R & L Courts Treeo Smithvilla Three Link Tower Union Gardens Victoria Ridge	801-621-2721 801-394-8756 801-621-8244 801-475-4004 801-392-3809 801-399-4841 801-392-7230 801-627-2230	
SUPPORT GROUPS Alcoholics Anonymous American Cancer Society American Diabetes Association Domestic Violence Program (YCC) Care for the Caregiver Friends for Sight NAMI	801-393-4728 1-800-227-2345 1-800-888-1734 801-394-9456 801-625-3866 1-800-524-2020 801-625-3714	
TAX INFORMATION Motor Vehicles Weber County Assessor's Office	1-800-368-8824 801-399-8124	
TRANSPORTATION Handi Van Logisticare (for Medicaid recipients) Utah Transit Authority UTA Paratransit Service 801-287-2263 Senior Companion Program The Ride Rides in Sight	1-801-281-8416 1-855-563-4403 801-621-4636 3 or 801-566-2334 801-625-3774 801-625-3776 1-855-607-4337	
UTILITIES Division of Public Utilities 1-801-530-6652 o Rocky Mountain Power Dominion Energy	r 1-800-874-0904 1-888-221-7070 1-800-323-5517	

VETERAN'S BENEFIT SUPPORT	
Veteran's Administration (Federal)	1-800-827-1000
Veteran Affairs (Utah Dept. of)	1-800-894-9497
V. A. Clinic Ogden	801-479-4105
Veteran's Nursing Home (George E. Wahlen)	801-334-4300
Homeless Veteran's Fellowship	801-392-7662
-	
VOLUNTEER OPPERTUNITIES	
AARP	202-434-6231
American Red Cross	801-627-0000
Foster Grandparent Program	801-625-3865
Friendly Visitor Program	801-778-6897
Retired Senior Volunteer Program	801-778-6897
Senior Companion Program	801-625-3774
Senior Medicare Patrol (SMP)	801-625-3664
SHARE Inc.	801-399-5046
Telephone Reassurance	801-778-6897
The Volunteer Center	801-625-3777
United Way of Northern Utah	801-399-5584
Weber County Library	801-337-2637
Your Community Connection	801-394-9456

Farr West Center 1896 W. 1800 N. Farr West, UT 84404 801-782-3497

Happy Hour Center 222 28th St. Ogden, UT 84401 801-629-8347

Marriott-Slaterville Center 1570 W. 400 N. 84404 Marriott-Slaterville, UT 801-627-1919

Northview Center 485 E. 2550 N. N. Ogden, UT 84414 801-782-6211

Plain City Center 4162 W. 2200 N. Plain City, UT 84404 801-399-8392

Roy Hillside Center 5051 S. 2000 W. Roy, UT 84067 801-773-0860

Washington Terrace Center 4601 S. 300 W. Ogden, UT 84405 801-621-0161 Golden Hours Center 650 25th St. Ogden, UT 84401 801-629-8864

Lakeview Center 5580 W. 4600 S. Hooper, UT 84315 801-399-8392

Morgan Center 50 W. 100 N. Morgan, UT 84050 801-845-4040

Ogden Valley Center 131 S. 7400 E. Huntsville, UT 84317 801-745-2220

Riverdale Center 4433 S. 900 W. Riverdale, UT 84405 801-621-6086